Exercise Science Application for Strength and Conditioning Concentration

Directions: Complete this form using Degreeworks. Submit this form to the Department of Kinesiology in Belk Gym. Applicants will be notified via email within 5-7 days of receipt of application.

Name: ______________________________________________________

ID #: ______________________________________________________

E-mail: _____________________________________________________

Phone: _____________________________________________________

What is your current cumulative GPA? __________________________

Strength and Conditioning Concentration Requirements (minimum 16 hours)

Maintain 3.0 GPA or higher for this concentration

KNES 1202 Weight Training (1)

KNES 1263 Body Shaping (1)

KNES 3285L Foundations of Strength and Conditioning Lab (1)

PHYS 1101 Introductory Physics I (3)

PHYS 1101L Introductory Physics I Laboratory (1)

KNES 4490 Internship in strength and conditioning (9)

Pass the National Strength and Conditioning Association’s Certified Strength and Conditioning Specialists (CSCS) certification exam