Exercise Science, B.S.
Student Handbook
2020-21 Academic Year

Policies in this handbook are for all undergraduate students in the Pre-Kinesiology and Exercise Science Majors matriculating in Fall 2019 and after.

In addition to this handbook, students are to refer to the College of Health and Human Services Student Handbook and the 2020-2021 UNC Charlotte Catalog

Program Director
Juliana Marino – 704-687-7951 (jmarin11@uncc.edu)

Internship Coordinators
Brenda Ward – 704-687-0870 (bjward@uncc.edu)
Tracy Bonoffs – 704-687-0858 (tbonoffs@uncc.edu)
Table of Contents

The 2020-2021 Academic Plans of Study for Exercise Science
Strength & Conditioning / Credentialing Concentration
Pre-Professional Concentration

UNC Charlotte Catalog Information

Things all Exercise Science students must know

Program Goals and Objectives

Degree Requirements

Internships

Liability Insurance

First Aid and CPR Certification

Dismissal Policy

Program Policies & Procedures

Advising Policy

Testing Accommodations Statement

CHHS Technical Standards
EXERCISE SCIENCE SUGGESTED COURSE SEQUENCE

STRENGTH AND CONDITIONING / CREDENTIALING CONCENTRATION

● Pre-Kinesiology 1st semester (14-16 hours)
  KNES 2168* - Anatomy & Physiology for the Health Professions (3 credits)
  KNES 2168L* - Anatomy & Physiology for the Health Profession Lab (1 credit)
  MATH 1100* - College Algebra and Probability (3 credits)
  HAHS 1000 - Prospect for Success (1 or 3 credits)
  LBST 1101, 1102, 1103, 1004, or 1105 (3 credits) - Arts and Society

● Pre-Kinesiology 2nd semester (16-17 hours)
  KNES 2150* - Introduction to Kinesiology (3 credits)
  KNES 2169* - Anatomy & Physiology for the Health Professions II (3 credits)
  KNES 2169L* - Anatomy & Physiology for the Health Profession II Lab (1 credit)
  CHEM 1200* - Fundamentals of Chemistry (3 credits)
  UWRT - Writing and Inquiry Academic Context (3 or 4 credits)
  XXXX-XXXX – Elective (3)

● Pre-Kinesiology 3rd semester (16 hours)
  CHEM 2151* - General Chemistry I (3 credits)
  CHEM 2151L* - General Chemistry Lab (1 credit)
  LBST 2101 - Western Tradition (3 credits)
  LBST 2301 - Critical Thinking (3 credits)
  STAT 1222* - Introduction to Statistics (3 credits) Social Sciences Reqs (3 credits)

● Exercise Science Major 4th semester (16 hours)
  LBST 2200 series - LBST 2214 Issues of Health and Quality of Life (3 credits)
  LBST 2102 - Global and Intercultural Connections (3 credits)
  KNES 2290* - Emergency Medical Response (3 credits)
  KNES 2294* - Care and Prevention of Athletic Injuries (3 credits)
  KNES 2101* - Foundation of Physical Conditioning (3) (O)
  Activity Course* – KNES 1000 level courses (1)

● Exercise Science Major 5th semester (16 hours)
  KNES 3260* - Nutrition for the Physically Active (3 credits)
  KNES 3100* - Organization & Administration of Exercise Science (3 credits)
  KNES 3280* - Exercise Physiology: Foundation and Theory (3 credits)
  KNES 3281* - Exercise Physiology: Principles and Application (3 credits) (W)
  Activity Course(s)* – KNES 1000 level courses (1 credit)
  Elective (3)
Exercise Science Major 6th semester (11-16 hours)
- KNES2298* - Applied Kinesiology (3 credits)
- KNES 3285* - Principles of Strength and Conditioning (3 credits)
- KNES 3286* - Exercise Testing: Foundation and Theory (3 credits)
- KNES 3287* - Exercise Testing: Principles and Application (3 credits) (W)
- Activity Course* – KNES 1000 level courses (1 credit)
- Electives (3)

Exercise Science Major 7th semester (15 hours)
- KNES 4121* - Pharmacology for the Physically Active (3 credits)
- KNES 4286* - Exercise Prescription (3 credits)
- KNES 4293* - Biomechanics (3)
- KNES 4660* - Practitioner Seminar (3 credits)
- Elective (3)

Exercise Science Major 8th semester (12 hours)
- KNES 4132* - Lifetime Weight Management and Behavior Change (3 credits)
- KNES 4490* - Exercise Science Internship (9 credits)
EXERCISE SCIENCE SUGGESTED COURSE SEQUENCE

CREDECIALING CONCENTRATION

Pre-Kinesiology 1st semester (14-16 hours)
KNES 2168* - Anatomy & Physiology for the Health Professions (3 credits)
KNES 2168L* - Anatomy & Physiology for the Health Profession Lab (1 credit)
MATH 1100* - College Algebra and Probability (3 credits)
HAHS 1000 - Prospect for Success (1 or 3 credits)
LBST 1101, 1102, 1103, 1004, or 1105 (3 credits) - Arts and Society

Pre-Kinesiology 2nd semester (16-17 hours)
KNES 2150* - Introduction to Kinesiology (3 credits)
KNES 2169* - Anatomy & Physiology for the Health Professions II (3 credits)
KNES 2169L* - Anatomy & Physiology for the Health Profession II Lab (1 credit)
CHEM 1200* - Fundamentals of Chemistry (3 credits)
UWRT - Writing and Inquiry Academic Context (3 or 4 credits)
XXXX-XXXX – Elective (3)

Pre-Kinesiology 3rd semester (16 hours)
CHEM 1251* - General Chemistry I (3 credits)
CHEM 1251L* - General Chemistry Lab (1 credit)
LBST 2101 - Western Tradition (3 credits)
LBST 2301 - Critical Thinking (3 credits)
STAT 1222* - Introduction to Statistics (3 credits) Social Sciences Reqs (3 credits)

Exercise Science Major 4th semester (16 hours)
LBST 2200 series - LBST 2214 Issues of Health and Quality of Life (3 credits)
LBST 2102 - Global and Intercultural Connections (3 credits)
KNES 2290* - Emergency Medical Response (3 credits)
KNES 2294* - Care and Prevention of Athletic Injuries (3 credits)
KNES 2101* - Foundation of Physical Conditioning (3) (O)
Activity Course* – KNES 1000 level courses (1)

Exercise Science Major 5th semester (16 hours)
KNES 3260* - Nutrition for the Physically Active (3 credits)
KNES 3280* - Exercise Physiology: Foundation and Theory (3 credits)
KNES 3281* - Exercise Physiology: Principles and Application (3 credits) (W)
Activity Course(s)* – KNES 1000 level courses (1 credit)
Elective (3)
Elective (3)

Exercise Science Major 6th semester (11-16 hours)
KNES 2298* - Applied Kinesiology (3 credits)
KNES 3285* - Principles of Strength and Conditioning (3 credits)
KNES 3286* - Exercise Testing : Foundation and Theory (3 credits)

The Department of Kinesiology – Exercise Science Program
KNES 3287* - Exercise Testing: Principles and Application (3 credit) (W)
Activity Course* – KNES 1000 level courses (1 credit)
Electives (3)

Exercise Science Major 7th semester (15 hours)
KNES 4293* - Biomechanics (3)
KNES 4490 – Internship (3)
Elective (3)
Elective (3)
Elective (3)

Exercise Science Major 8th semester (12 hours)
KNES 4121* - Pharmacology for the Physically Active (3 credits)
KNES 4286* - Exercise Prescription (3 credits)
Elective (3)
Elective (3)
PRE-KINESIOLOGY

Applicants who satisfy freshman or transfer requirements for admission to the University are eligible for admission to the Pre-Kinesiology major. All students are required to complete the General Education requirements of the university. A suggested sequence of courses for Pre-Kinesiology students that meet these General Education requirements as well as the prerequisites for Exercise Science can be found online (http://kinesiology.uncc.edu).

Students who wish to apply for the Exercise Science major are initially classified as Pre-Kinesiology majors (PKNS) until they meet the following requirements: cumulative GPA of 2.5 or above; completion of 36 hours; and successful (grade C or above) completion of KNES 2168, KNES 2168L, KNES 2169, KNES 2169L, CHEM 1251, CHEM 1251L, STAT 1222, MATH 1101, and KNES 2150. Students applying for the Exercise Science major must make a grade C or above in the required courses and have a cumulative GPA of 2.5 or above before making application to either major. All of the required courses maybe attempted twice. Withdrawing from the course after the Add/Drop deadline constitutes an attempt as does receiving any letter grade. All pre or co requisite courses must be of a grade of C or above in order to be deemed successful.

Pre-kinesiology majors having more than two (2) grades of D, F, or W in any required courses, or 2 grades of D, F, or W in the same course, will be dismissed from the Pre-kinesiology major.

BACHELOR OF SCIENCE IN EXERCISE SCIENCE

This degree program offers preparation for employment as Exercise Science practitioners in health agencies, hospitals, fitness centers, business and industry, research laboratories, or any other setting which provides physical fitness enhancement programs for clients and patients. The Exercise Science program is accredited by Commission on Accreditation of Allied Health Education Programs (CAAHEP).

EXERCISE SCIENCE ADMISSION REQUIREMENTS

Minimum criteria for admission to the Exercise Science major are:

- A grade point average of 2.5 or above
- A grade of C or above in the following required prerequisite courses:
  - CHEM 1251 and CHEM 1251L
  - KNES 2168 and KNES 2168L (or equivalents)
  - KNES 2169 and KNES 2169L (or equivalents)
  - KNES 2150
  - STAT 1220, STAT 1221 or STAT 1222

- Students can be admitted to the Exercise Science major in either the Fall, Spring or Summer semesters and admission is competitive. Admission decisions are made by the Coordinator of the Exercise Science program within the Department of Kinesiology. Selection into the program is based on the satisfactory completion of the minimum requirements, but meeting the minimum requirements does not guarantee program admission. After evaluating the credentials of all applicants meeting the minimum academic requirements,
the Coordinator of the Exercise Science major will make offers for admission to students whose credentials demonstrate the highest level of academic achievement.

**Things Exercise Science students must know:**

- A grade of C or higher is required in ALL required courses.

- All Exercise Science majors are required to complete activity courses as part of your degree requirements: Credentialing Concentration:
  * Three (3) individual activity courses.
Pre-Professional Concentration:
  * Two (2) individual activity courses.

- Each student is responsible for the proper completion of his or her academic program, for familiarity with the *University Undergraduate Catalog*, for maintaining the grade average required, and for meeting all other degree requirements. The advisor will counsel, but the final responsibility remains that of the student.

- A student is required to have knowledge of and observe all regulations pertaining to campus life and student deportment. The University has enacted two codes of student responsibility: The UNC Charlotte *Code of Student Academic Integrity* and The UNC Charlotte *Code of Student Responsibility* which are summarized in this *Catalog* and available in full [online](#). As students willingly accept the benefits of membership in the UNC Charlotte academic community, they acquire obligations to observe and uphold the principles and standards that define the terms of UNC Charlotte community cooperation and make those benefits possible.

- Each student is responsible for maintaining communication with the University and keeping on file with the Registrar's Office at all times a current address, (including ZIP code) and telephone number(s).

- Each student, while associated with the University, is expected to participate in campus and community life in a manner that will reflect credit upon the student and the University.

- Faculty Advisors in the Department of Kinesiology have been assigned to help you in your progression in the major. These advisors cannot help you unless you make an appointment to see them. If you have any questions, please consult the Exercise Science Program Director.

- As a student in a professional program in the College of Health and Human Services, you may be asked by a clinical facility to undergo drug testing and have a criminal background check before being allowed to participate in a clinical experience at that facility. All costs associated with drug testing and background checks are the responsibility of the student.

- Graduation – Students completing **ALL** of their degree requirements in May are eligible to participate in the May commencement ceremony. Students completing **ALL** degree requirements in a summer term as well as those completing in December, participate in the December ceremony. The baccalaureate degree
The Department of Kinesiology requires completion of 120-128 semester hours of credit, including all requirements for a major field of study.

- Exercise Science majors having more than two (2) grades of D, F, or W in any required courses OR 2 grades of D, F, or W in the same required course will be dismissed from the Exercise Science majors and must declare a new major.

- To take a course(s) at another institution
  Courses undertaken by UNC Charlotte undergraduate degree students at other accredited institutions may be transferred to the University subject to the following regulations:
  a. The University is not obligated to accept any credit from another institution unless the student has obtained the prior approval of the dean of the college in which he/she is enrolled. A Permit for Transient Study form should be completed and filed in the UNC Charlotte Registrar's Office prior to enrollment at another institution.
  b. No credit will be accepted for courses below C level for undergraduate students or below B level for graduate students.
  c. The student must request that an official transcript be mailed to the Registrar's Office upon completion of the course. A form for this purpose is available in the Registrar's Office.
  d. Departmental approval is required for transient study for major courses.

**UNC CHARLOTTE EXERCISE SCIENCE PROGRAM**

**Goals and Objectives**

Exercise Science is the study of the components involved in the total well-being of an individual, exploring the social, biological, and environmental aspects of optimal health. The Exercise Science curriculum covers a wide spectrum of issues involving health promotion. The successful candidate will be able to design safe and effective exercise prescriptions, and conduct individual exercise programs, fitness testing, and health education for low-to moderate-risk individuals, individuals with controlled diseases, and individuals in special populations (i.e. pregnancy, children, and older adults).

**Exercise Science Degree Requirements**

**Credit Hours.** The baccalaureate degree requires completion of a minimum of 120 semester hours of credit, including all requirements for the Exercise Science major.

**Residence.** A student must earn the last 25% of baccalaureate degree requirements at UNC Charlotte, including the last 39 semester hours of work in the Exercise Science Program. Exceptions to these hour provisions may be made upon the recommendation of the student's major department and with the approval of the dean of the college of the student's major.

Coursework taken in residence shall be construed to mean work offered by UNC Charlotte and taken in courses on the UNC Charlotte campus or at an approved off-campus center. Credit earned by challenge examinations or other advanced standing examinations cannot be used to meet the residence requirement.
Grade Point Average: To graduate, a student must have an overall grade point average of at least 2.0.

General Education. All baccalaureate degrees at UNC Charlotte include a common set of General Education requirements. Requests for exceptions to any aspects of the General Education requirements for individual students must be approved by the Associate Dean of Arts and Sciences. Such exceptions may be requested by completing the Academic Petition Form, including recommendations of approval by the student’s Advisor, Chairperson and Dean, and submitting it to the Registrar’s Office.

- Possess English language proficiency. If the student uses English as a second language, they must meet the minimum University requirement of at least 180 on the computer-based TOEFL test.

Exercise Science Internship – Credentialing Concentration

For students in the Credentialing Concentration, the internship experience is the required capstone activity of the Bachelor of Science Degree in Exercise Science at the University of North Carolina at Charlotte. In an attempt to assist you through the internship experience, a manual was put together to address the responsibilities, activities, and evaluations that must be completed to meet the internship requirements. The manual is available through the Internship Coordinators.

The internship experience is the practical application of the knowledge and skills acquired in the classroom. The experience should be enjoyable, and ideally increase your marketability for future employment. The Internship Site Supervisor will assist in the successful completion of this internship experience. **However, the ultimate responsibility of obtaining, preparing for, and completing an internship rests with the student.**

Important information about internship for the Credentialing Concentration:

- Eligibility for KNES 4490 requires successful completion of all required coursework (except KNES 4132)
- Internship requires completion of 340 hours (9 credit hours)
- Articulation Agreement must be established prior to start of internship
- A grade of C or higher in KNES 4490 is required for progression

Exercise Science Internship – Pre-professional Concentration

Students in the Pre-professional concentration can elect to take KNES 4490 (3 credit hours).

Important information About Internship for the Pre-professional Concentration

- Students in the pre-professional must consult with the Internship Coordinators prior to registering for KNES 4490
- Optional internship requires completion of 120 hours (3 credit hours)
- Articulation Agreement must be established prior to start of internship

Exercise Science Health and Liability Insurance
Health insurance is required for undergraduate students enrolled in six or more credit hours at the University of North Carolina at Charlotte. Information regarding student health insurance can be found at: http://studenthealth.uncc.edu/student%20health%20insurance%20home2.htm

All students who participate in internship are required to have personal liability insurance. Proof of liability insurance must be presented prior to the start of internship rotations. This insurance must provide coverage of not less than $1 million per incident and $3 million aggregate. The policy must be in effect for any course with an internship component, including research activities. Information on obtaining personal liability insurance can be provided by your Internship Coordinator.

First Aid and CPR Certification Requirements

For all internship courses, it is the student's responsibility to obtain and maintain AED, First Aid and CPR for the Professional Rescuer Certification (adult, infant and child), Blood Borne Pathogen Training. Evidence of current CPR Certification must be submitted to the Internship Coordinator prior to the start of your internship course KNES 4490. Students must complete their First Aid and CPR Certification at UNC Charlotte or through an approved provider.

Exercise Science Dismissal Policy

Exercise Science majors having more than two (2) grades of D, F, or W in any required courses OR 2 grades of D, F, or W in the same required course will be dismissed from the Exercise Science majors and must declare a new major.

I. The faculty members of the UNC Charlotte Exercise Science Program have an academic, legal, and ethical responsibility to protect members of the public and of the health care community from unsafe or unprofessional Exercise Science practices. This policy reflects that obligation.

II. A student may be dismissed from the program if he or she any one or more of the following:

1. Demonstrates behavior which conflicts with safety essential to Exercise Science practice

2. Presents physical or emotional problems which conflict with safety essential to Exercise Science practice and do not respond to appropriate treatment or counseling within a reasonable period of time

3. Engages in conduct which violates the Code of Ethics for American College of Sports Medicine which has been adopted by the Exercise Science Program as its standard for ethical conduct by faculty and students

4. Engages in an Exercise Science practice for which the student has not been authorized or for which the student has not been educated at the time of the incident

5. Engages in conduct which threatens or has the potential to threaten the physical,
emotional, mental, or environmental health or safety of a client, a client’s family member or substitute familial person, another student, a faculty member, another health care provider, or the student himself or herself

6. Substantially disrupts the Programs of the Exercise Science Program or its affiliates

7. Fails to participate in or complete internship work for any reason or fails to perform internship work which is consistent with professional Exercise Science practice, including satisfactory performance of all critical behaviors specified on the evaluation tool for each course

8. Fails to adhere to College and internship site policies and procedures.

All students are regularly evaluated against the above standards in relation to internship practice and may be dismissed from any course or from the Exercise Science Program upon violation of any of the stated standards, regardless of course grades.

III. Where the Department of Kinesiology chairperson or his/her designee determines that a student may have violated one or more of the standards defined in Section II, that administrator will determine whether the violation warrants dismissal (Section IV), or should be addressed through warning and follow-up (Section V). The Department of Kinesiology chairperson may temporarily suspend the student from further internship activity pending the outcome of the procedure for dismissal (Section IV), or issuance of the written and oral warning (Section V).

IV. Where the Department of Kinesiology chairperson or designee determines that the procedure for dismissal from the Program should be invoked, she will provide the student a written statement of the facts upon which the proposal to dismiss is based. The student will have the opportunity to appear before the Department of Kinesiology chairperson and a panel of Exercise Science Program faculty members to refute the facts, offer other information, or make any other statement concerning the proposed dismissal. The Department of Kinesiology chairperson and panel will consider that information together with the information upon which the proposal to dismiss was based and determine whether adequate cause for dismissal has been established. The Department of Kinesiology chairperson will notify the student of the decision.

V. Where the Department of Kinesiology chairperson or designee determines that violation of any of the standards should be addressed through warning and follow-up, the faculty member or internship instructor involved will provide the student with oral and written warnings outlining the exact nature of the behavior and possible consequences. The unsafe or unprofessional behavior shall be corroborated by a second person, a staff member at the Exercise Science internship site, another faculty member, or by documentation of unsafe or unprofessional behavior in a prior course evaluation. In appropriate circumstances the student may be afforded opportunities to correct the behavior, as agreed upon by the faculty member or internship supervisor in consultation with the Program Coordinator and the Department Chair. Written evaluation of each internship day’s work by the student shall be carried out by the faculty member or internship instructor involved and shared with and signed by the student. Should the student subsequently fail to meet any of the academic standards stated, dismissal from the course with a failing grade and/or from the College may be invoked. The review of students’ behaviors related to the above
shall be carried out in a course team meeting.

Date of Origin: 8/01  
Reviewed: 8/02  
Reviewed: 5/17, 8/20

VI. POST-DISMISSAL PROCEDURE

Upon dismissal from a course or from the Exercise Science Program, the student may invoke the "Academic Grievance Policy of the College of Health and Human Services." The written grievance must be submitted within seven (7) working days of receipt of the written dismissal and be sent to of the Director of the Exercise Science Program, following steps 1 and 2 of the "Academic Grievance Policy."

Date of Origin for Nursing: 12/85  
Revised: 4/94, 2/96, 7/02  
Reviewed: 5/00, 8/02  
Adapted for Exercise Science: 5/17, 8/20

Exercise Science Appeal Procedures

Policy Appeals
A student who wishes to appeal a policy of the Department of Kinesiology or the Exercise Science Program may do so by submitting a written appeal to the Department Chairperson. This appeal will be reviewed and judgment made by the faculty of the department. Students should refer to the grievance and appeals policy in the College of Health and Human Services Student Handbook.

Final Grade Appeals
Final grades must follow the UNC Charlotte final grade appeal procedure described at http://legal.uncc.edu/policies/up-410

Exercise Science Program Readmission Policy

Intent to Re-enroll following a Non-academic Absence
Permission to re-enroll is contingent on space availability. Any undergraduate Exercise Science student who plans to enroll in an Exercise Science course after a non-academic absence of one or more semesters (or one 8 week course period) from any Exercise Science course must notify the Department of Kinesiology in writing no later than by February 1 for admission to any fall course and October 15 for admission to any spring course.

Date of Origin: 4/88  
Revised: 2/91, 5/00  
Adapted for Exercise Science : 6/02  
Reviewed: 8/02

Exercise Science Student Folders

Academic and Health History Folder Policy
The College of Health and Human Services adheres to the requirement of the law regarding review of student

Students may review the contents of their academic folders only in the presence of a College faculty member or secretary. The student reviewing his/her folder must sign and date the College Student Folder Review Sheet.

Right of access to student academic folders is limited to College Health and Human Services faculty who require access to the information in the folder to make decisions about College business or for advising or evaluation purposes.

Any person outside the College of Health and Human Services who wishes to review a student's folder must comply with [http://legal.uncc.edu/legal-topics/ferpa](http://legal.uncc.edu/legal-topics/ferpa), “The Privacy of Educational Records.”

Exercise Science Majors: Health History information is maintained in a separate folder from the Academic folder. Review of the Health History folder is subject to the same policy and procedures as the Academic Folder. Results of Drug Testing and Criminal Background checks will be maintained in the Health History Folder.

Drug Testing and Criminal Background Check Policy: As a student in the College of Health and Human Services, you may be asked by a clinical facility to undergo drug testing and have a criminal background check before being allowed to participate in a clinical experience at that facility. All costs associated with drug testing and background checks are the responsibility of the student. For more information regarding clinical agency mandates click [here](http://legal.uncc.edu/legal-topics/ferpa).

**EXERCISE SCIENCE ADVISING POLICY**

*Each student is responsible for the proper completion of his or her academic Program, for familiarity with the University Catalog, for maintaining the grade average required and for meeting all other degree requirements. The advisor will counsel, but the final responsibility remains that of the student.* (University Catalog) Students are responsible for communicating with their advisor throughout their enrollment at the university.

Date of Origin: 8/02
Reviewed: 5/17, 8/20

Exercise Science/Disability Services Testing Accommodations Statement

UNC Charlotte and the Department of Kinesiology are committed to access to education. If you have a disability and need academic accommodations, please provide a letter of accommodation from Disability Services early in the semester. It is recommended that you meet with your instructor on the first day of class to ensure that your accommodations are in place prior to the first exam.

Please note:
- Accommodations may be requested at any point in the semester.
- Accommodations are not retroactive.

The Department of Kinesiology does NOT have space to provide testing accommodations. Therefore, all students requiring accommodations must take exams in the Office of Disability Services testing center.
For more information on accommodations, contact the Office of Disability Services at 704-687-0040 or visit their office in Fretwell 230.

http://ds.uncc.edu/facultystaff-handbook/testing-accommodations

College of Health and Human Services Student Technical Standards

Technical Standards define the attributes that are considered necessary for students to possess in order to complete their educational program. These Technical Standards are used to assist each prospective student in determining whether accommodations or modifications are necessary in accordance with the Americans with Disabilities Act. These Technical Standards are determined to be pre-requisite for entrances to, continuation in, and graduation from a student’s chosen discipline in the College of Health and Human Services.

Students must possess aptitude, ability and skills in the following four areas:

**Psychomotor Ability (Coordination/Mobility):** Physical ability sufficient to move within the client environment; gross and fine motor skills sufficient to provide safe and effective services.

**Senses (Visual, hearing, tactile, olfactory):** Sensory ability necessary to observe and perform skills essential in providing safe and effective services.

**Communication (Verbal, Non-verbal, Written):** Communication abilities sufficient for interaction with others in verbal and written form in classroom, lab, and service settings. Interpersonal verbal and nonverbal abilities sufficient to interact with individuals, families and groups from a variety of social, emotional, cultural, and intellectual backgrounds.

**Behavioral/Social Attributes:** Ability to fulfill professional behavioral and social responsibilities in the role of a student, with faculty, professional staff, clients, and peers.

Candidates for selection to the Exercise Science Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Department of Disability Services will evaluate a student who states he or she could meet the program’s technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he or she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, internship experiences and internships deemed essential to graduation.

Date of Origin: 8/01
Revised: 8/02; Revised: 5/17
Reviewed: 8/20